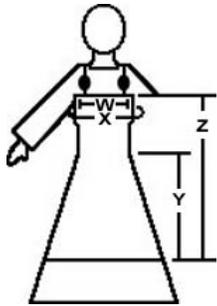


## Kolfinna's Apron Pattern (Tube Apron)

### Measuring



- z = Length of Apron
- y = From Waist to Bottom of Apron
- x = Bust Size [All the way around]
- w = Bra Strap to Bra Strap
- $v = (x - (w+w)) / 2$

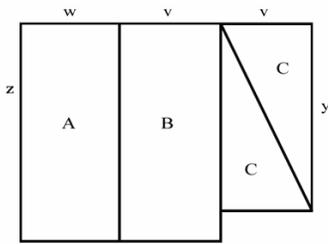
Once you have done the initial measurements (and math for v), add twice your standard seams into the total number for each letter. Example: Using 1/2" seam allowances, a Z measurement of 45" plus 1/2" plus 1/2" comes out to 46" for my final Z measurement. Put those numbers in the Pattern section below.

### Pattern

A = Front Panel, B = Side Panel, C = Side Gore

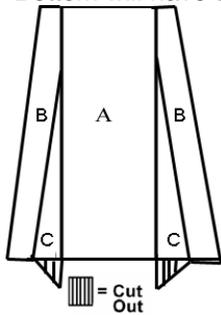
z = [ ]", y = [ ]", x = [ ]", w = [ ]", v = [ ]"

### Cut 2 of Each



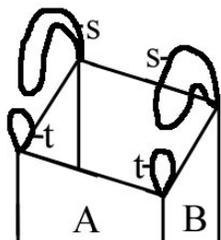
### Assembly

- B & C should attach to pieces as shown
- The A panels should be sewn top down to the BC piece.
- Bottom will have to be trimmed.



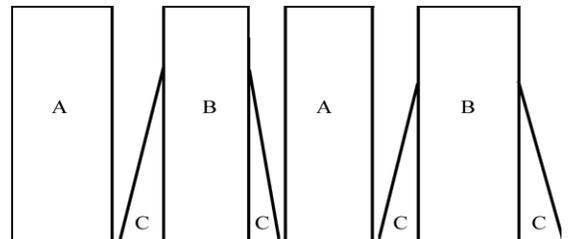
### Straps

- Make 2 t straps
- Make 2 s straps



t = [ ]" Front Strap. Total Length of t with double seam allowance (Kolfinna's standard is 2", which is 1/2 inch tall folded over with 1/2 seam allowances)

s = [ ]" Back Strap. Total Length of s with double seam allowances, which leaves a gap for the broaches to hang nicely with the t strap.



## Svana's Apron Pattern (Wrap Apron)

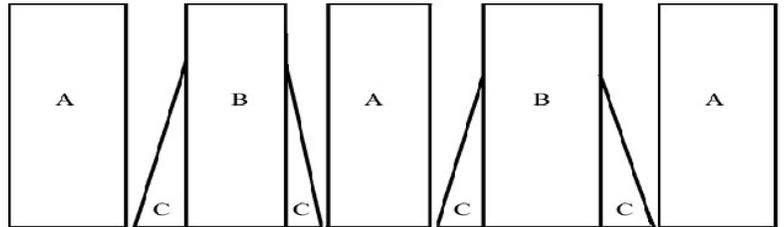
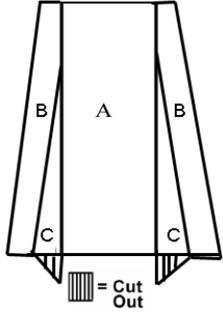
### Pattern

Using the formula from Kolfinna's Apron Pattern, cut out one additional A Panel

### Assembly

-B & C should attach to pieces as shown  
-The A panels should be sewn top down to the BC piece.

-Bottom will have to be trimmed.



-Unlike Kolfinna's pattern, do not close the dress in a tube. The far right side and far left side should not be attached to anything, just give them a nice hem.

### Straps

Make 4 t straps

Make 2 s straps

Since this pattern has two front panels that overlap each other, put t loops on both front panels, to help secure them in place when the broaches are on.

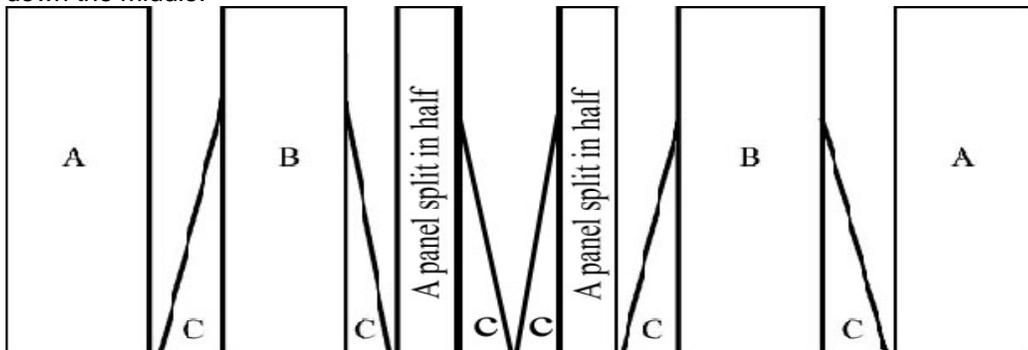
### Svana wearing Apron Wrap



### Pattern & Assembly for larger women or bottom heavy figures (inserts a behind gore)

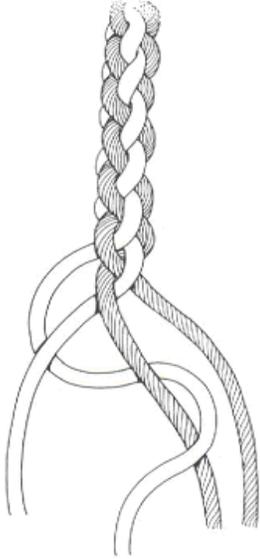
Cut two additional C pieces

Cut one of the A panels with four times the seam allowance for the width (instead of the normal two times) and then cut it down the middle.



## Miscellaneous Apron Information

### Finna's Strap Braiding Technique



I use wool 4-ply thread for my straps and actually double the number. Instead of using 4 strands I use 8 but I treat every 2 strands as though they were only 1. Meaning that I'm still braiding with only 4 strands but each "strand" is actually 2 strands together. This makes the strand stronger and more comfortable to wear over longer periods of time.

For braiding technique I have included a drawing from Candace Crockets "Card Weaving" book. It best shows how the braid works. If you label the strands 1, 2, 3, & 4 from your left - beginning with the furthest strand on your left (#1) you go under strand number 2 & 3 and then over the top of strand # 3. You repeat this process now by using the farthest strand on your right (# 4) and going under the middle two strands (# 3 & 1) and then over the #1 strand. Just remember, always use the outside strand and go under two and over one..... Pulling it tight as you go. I attach the braid to the back of a chair and braid while watching T.V. ! Make sure that you add at least 6 inches to your numbers before you cut the strands. This will give you the leeway you need, while braiding, to get the correct amount of braiding done.

If you use two dark colors for #1 & #2 and two light colors for #3 & #4, you will get the color result that you see in the photo on the left. If you instead, alternate dark and light, you will get a more "blended" look that is reminiscent of a candy cane stripe. Or even better, use 4 completely different colors and mix them light, dark, light, dark for a beautiful look.

### Decoration

Stitch Viking finger braiding down the seams (4 strand round braid)

You can embroider, Taylor stitch, or Herringbone, or Fly down the seams and outline them with the running stitch or stem stitch and you can even whip around those finished stitches with an opposing color, and make them look like little candy canes.

Add Embroidery patches or appliqué patches to the apron

### Broaches

The best place for nice but inexpensive broaches is Raymond's Quiet Press at <http://quietpress.com/vikingbrooch.html>.

For exquisite high end broaches, go to Urweg at [http://urweg.com/list/broaches.html#Viking Womens Brooches](http://urweg.com/list/broaches.html#Viking_Womens_Brooches).

### Beads

Visit The Viking Answer Lady at <http://vikinganswerlady.com/vikbeads.shtml>.

To purchase beads and assembly material, visit: <http://www.firemountaingems.com/>.

### Fabric

Linen and Wools are the best choice.

If you can't make it to the garment district, the best place online for Linen is <http://fabric-store.com/>.

I do not have a good source for wool online.

### Experiment!

Find out what works for you. No pattern will be straight forward; some adjustment will always be needed for your individual body type.